

**Appendix 5**

**CAT Supervisor Training – Optional Interim Report**

*Updated November 2019*

If your training is delayed you can use this report to list the components completed and your plan. It can be sent to the Vice Chair for Supervisor Training if you need to review your training plan

Name of Apprentice Supervisor....................................................................................................................

Name of Senior Supervisor............................................................................................................................

Date of Submission........................................................................................................................................

**Part 1: Preparation to run your CAT supervision group**

1. Attendance at an ACAT accredited Supervisor Training Course (2.5 days) emphasising relational skills in supervision.

Date attended …………………………………………………………

**2. ‘Sitting in’ with senior supervisor**

I sat in on a CAT supervision group for……………….months. I took the lead / responsibility for………..…….cases in the group over the period of (dates)…………………………………………………………………..

I met with the senior supervisor to discuss the group (frequency)……………………………………………………….

Comments

**Reflective statement Part 1**

I have completed this statement as a reflection of my learning in Part 1. It covers for example my experience on the course, and/or what I have observed, thought about, contributed, tried out and discussed

You are welcome to offer comments of your experience of the training so far

Signature of Apprentice Supervisor…………………………………………Date……………………………………………

**Part 2: Clinical Practice**

Brief outline of the plans for my CAT Supervision group(s)……………trainees for……………months from……………………..to……………………

Any further details about the group(s)

The arrangements to review practice with my senior supervisor are as follows: (Duration and frequency of meetings and discussions, % face to face, % phone or other arrangements)

Any concerns that may hinder progress?

Signature of Apprentice Supervisor………………………………………Date……………………………………………………

**Further learning**

Please list details of your self-directed programme of teaching/experience completed so far and any further learning identified beyond that in your original application:

CAT CPD / Other modalities CPD / Supervision Courses / Other:

Reading topics and key literature:

Observed and participation in supervision /consultation practice:

Other relevant clinical experience:

Comments from Senior Supervisor on training plan and progression

**In signing this report I confirm that I support them in their continued training as a CAT supervisor**

**Signature of Senior Supervisor……………………………………………………………………Date………………………………**

**Senior Supervisor’s Name (print)…………………………………………………………………Date………………………….….**